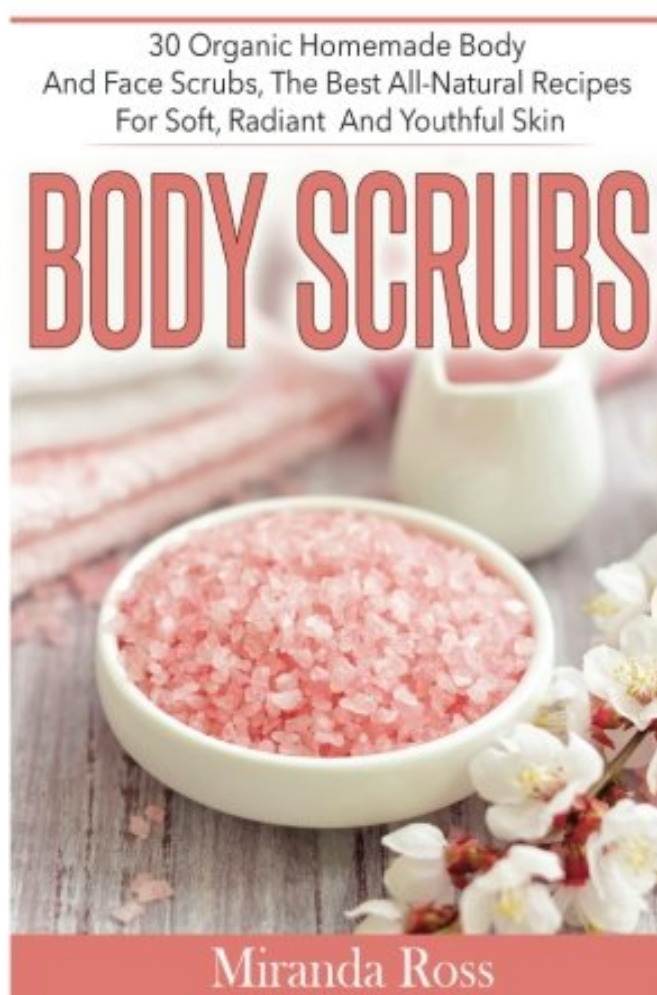


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## **Body Scrubs: 30 Organic Homemade Body And Face Scrubs, The Best All-Natural Recipes For Soft, Radiant And Youthful Skin (Homemade Body Scrubs, ... Homemade Body Sugar Scrubs) (Volume 1)**

*Miranda Ross*

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Learn How To Prepare Your Own Scrub, 100% Safe For Your Skin! NEW EXPANDED EDITION, December 2016  
YOU CAN BUY COLORED VERSION OF THIS BOOK HERE: <https://www.amazon.com/dp/153978357X>  
Homemade scrubs are best source of cleansing your skin from all the dirt and the dead cells just in a single go. Homemade scrubs are made completely out of natural ingredients so they don't have any side effects. They are not only efficient in removing dead cells, but also makes your skin glow as natural ingredients of homemade scrubs have various oils and vitamins that are a must for a beautiful skin. This book was able to increase your knowledge about why human skin needs to be scrubbed, how often and how. Moreover, this book contains 30 effective homemade scrubs recipes so that you don't have to apply commercially produced scrubs. Make your own scrubs using natural ingredients and keep your skin away from chemicals of commercially produced scrubs. Stay young by using homemade body and facial scrubs! Here Is A Preview Of What You'll Learn About:How to prepare your own scrubs The ABCs of scrubs Why scrub is necessary to have radiant skin? Why your skin needs scrubs? Exfoliation cures skin diseases Benefits of homemade scrubs Significance of exfoliation Clogged poresHyperpigmentation Physical exfoliants Chemical exfoliants Beneficial exfoliating treatments Test for exfoliation requirement And Much More!