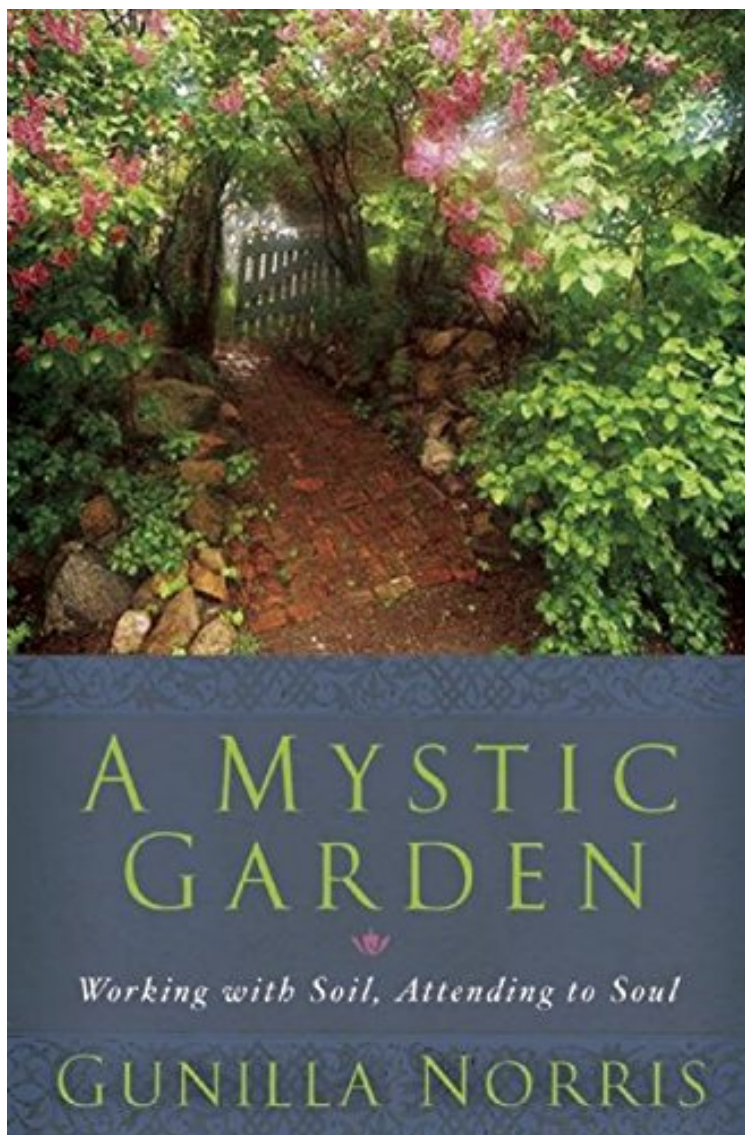


## A Mystic Garden: Working with Soil, Attending to Soul

Gunilla Norris

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This lyrical primer on the spirituality of gardening reflects on the relationship between a gardener and his or her garden. Meditating upon how interaction with the earth opens the heart, schools the mind, engages the body, and embraces the soul in a world of increasing detachment from the natural realm, this book affirms a garden as a soulful space where people can take root and experience the changing seasons and the enduring cycle of renewal. Filled with the joy of living, this enchanting spiritual guide will speak to those who yearn to find the holy in the place they call home.